



# Twilight Concerts

Classical Music of India for Contemplation, Meditation, and Yoga  
 Raj Rangayyan: *Bansuri* Bamboo Flute and Utpal Mazumdar: *Tabla* Drums

*Come Earlier... Leave Later!* Avoid the rush hour. Relax with soothing sounds and mystical melodies before getting to work and before commuting home.

Let Raj's music on the *bansuri* with Utpal on the *tabla* carry you away into a space that facilitates contemplation, relaxation, and meditation. Experience how classical music can help you be mindful and improve your emotional balance.

During the magical twilight hours between darkness and light, a clear mind prepares you to face the day. In the tradition of Hindustani classical music, we improvise and explore with *ragas* – ancient musical structures – that resonate with our environment and state of being.

Each concert includes improvisation on two *ragas* and a devotional closing. The *ragas* selected for the unique twilight concerts are specifically created for dawn and dusk. Experience exquisite melodies, moods, and ambience not encountered in typical concerts.

---

<b>Glenbow Museum Theatre</b>	<i>Evening</i> 4:40 PM to 5:30 PM	<i>Monday</i>	19 September 2016
130 9th Ave S.E., Calgary	<i>Morning</i> 7:30 AM to 8:20 AM	<i>Wednesday</i>	21 September 2016
<i>Two-for-one for</i>	<i>Morning</i> 7:30 AM to 8:20 AM	<i>Friday</i>	23 September 2016
<i>Glenbow members!</i>	<i>Evening</i> 4:40 PM to 5:30 PM	<i>Monday</i>	26 September 2016
<b>“Escalus”</b>	<i>Morning</i> 8:00 AM to 8:50 AM	<i>Friday</i>	30 September 2016
<b>MacEwan Conference</b>	<i>Evening</i> 4:00 PM to 4:50 PM	<i>Friday</i>	30 September 2016

## **& Event Centre, MacEwan Student Centre, University of Calgary**

Cosponsored by the Division of Music, School of Creative and Performing Arts, University of Calgary

---

In addition to chairs, limited space will be available to spread out your own yoga/meditation mat. Relax in the lotus position or your favorite meditative asana as you immerse yourself in exquisite music!

Tickets: \$ 10 each at the concerts. CDs on sale for \$ 10 each at the concerts.

CD1 Just In Time ...Just For You!

CD2 In Tune With You

CD3 If You Have The Time

CD4 Listen, Honey...

CD5 Totally Peaceful

CD6 Mystical Melodies

Music by Raj and Utpal is available through iTunes, Amazon, and other distributors: see [indiepool.com](http://indiepool.com)

Visit : [rangayyan.ca](http://rangayyan.ca) for links to performances and articles on Hindustani music

Contact: [raj\\_rangayyan@shaw.ca](mailto:raj_rangayyan@shaw.ca)

[utpal.mazumdar@shaw.ca](mailto:utpal.mazumdar@shaw.ca)