



We are grateful to our gurus for imparting to us the essence of the classical music of India. We thank our families for accommodating our musical pursuits, and our friends and audiences around the world for their wonderful support.

Raj and Utpal's CDs:

- CD 1. JUST IN TIME ...just for you!
- CD 2. In Tune With You
- CD 3. IF YOU HAVE THE TIME ...relax with a raga!
- CD 4. Listen, Honey

Available through:

- Glenbow Museum Shop (www.glenbow.ca)
- University of Calgary Bookstore (www.bookstore.ucalgary.ca)
- Indie Pool: 1-888-88-INDIE (www.indiepool.com)

website: rangayyan.ca

Recorded by
Rob Smith
(Rocky Mountain Recording Studio, Calgary)

Photography and cover design by
Rangaraj M. Rangayyan

(The photo of the Buddha's statue was taken at the Hannayji Temple, Nara, Japan. Photos of other Buddhist art were taken at temples in Hangzhou and Putuo, China. Photos of Utpal, Lisa, and the musical instruments by Raj; Raj's photo by Utpal.)

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Sacha Kiefer

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Tranquil and soothing melodies for yoga, meditation, contemplation, and relaxation

- 1. Inspiration Raga Vibhas in Roopaktaal 19:27
- 2. Realization Raga Bhairav in Kaharva 13:52
- 3. Consonance Raga Bhoopali in Teentaal 23:30
- 4. Peace Raga Yaman Kalyan in Roopaktaal 12:33

Total time: 69:22 minutes

Raj Rangayyan: Bansuri (bamboo flute of India)

Utpal Mazumdar: Tabla (drums of India)

Lisa Weleschuk: Tanpura (four-stringed drone)

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Every one desires peace and tranquility. Places of natural serenity help one achieve physical rest, unity with nature, and a sense of happiness. Melodious music facilitates the realization of tranquility, a calm state of mind, and inner peace with oneself.

The classical music of India is based on ragas – melodic musical structures – and is composed so as to convey and evoke various moods or sentiments. We present a unique set of calm ragas and soothing melodies to help you realize peace and tranquility. The first and second compositions are suitable for yoga, meditation, and contemplation in the morning. The third and fourth compositions facilitate unwinding, reflection, and relaxation in the evening.

Raj and Utpal have been performing together in Calgary for 25 years. They have provided several lecture-demonstrations in courses on South Asia and World Music at the University of Calgary. Their music has been licensed to prestigious museums as well as yoga and meditation schools. They have collaborated with several musicians of different genres, and believe that music transcends all boundaries.

Raj received training on the bansuri from Sri K.P. Shenoy and on the sitar from Sri N.R. Rama Rao in India. He has given many performances in India, Canada, and Brazil. In Calgary, he has performed for the University of Calgary, the India-Canada Association and affiliated societies, the Raga Mala Music Society, the City of Calgary, the Calgary Multicultural Centre, and the Glenbow Museum.

His arrangements have included innovative combinations of many varieties of instruments and genres of music. He wishes to present and promote the classical music of India in its pure, serene, soothing, and natural acoustic character to facilitate yoga, meditation, contemplation and relaxation.

Utpal received training in the tradition of the classical music of India and plays the tabla, pakhwaj, and other musical instruments. He promotes awareness of World Music by collaborating in the fusion and new-age music genres, and conducts music appreciation workshops in educational institutions. He performs and trains in voice, rhythms, and chants for meditation and yoga development. He has been credited in a number of CDs featuring Flamenco, Celtic, Bluegrass, R & B, and Latino music, as well as in the Silver Anniversary CD of Calgary Boys' Choir.

