

**Sitar-1:**

- Introduction
- Sitar Exercises with the Notes of Yaman
- Introduction to Ragas
  - Lakshan Geet and Sargam in Yaman, Hindol, Hamsadhvani, Bhupali, Durga, Bihag
  - Sargam in Yaman Kalyan, Hamsadhvani, Kamod, Tilak Kamod
- Vilambit Gat with Chatushrum Tans and Dhrut Gat with Tans and Jhala in Yaman

**Sitar-2:**

- Repeat Sitar Exercises with the Notes of Bilaval
- Vilambit Gat with Chatushrum Tans and Dhrut Gat with Tans, Toda, and Jhala in
  - Bhupali
  - Durga
  - Hindol
- Meend and Krintan Exercises
- Vilambit and Dhrut Gat in Yaman (Advanced and Detailed Version)

**Sitar-3:**

- Repeat Sitar Exercises with the Notes of Khamaj and Kafi
- Vilambit Gat with Tishram, Chatushrum, Chegum, and Atgun Tans; and Dhrut Gat with Tans, Toda, and Jhala in
  - Bhimpalas
  - Madhyamadh (Brindavani) Sarang
  - Madhuvanti
  - Hamir
  - Shuddha Sarang

**Sitar-4:**

- Repeat Sitar Exercises with the Notes of Bhairav, Purvi, and Todi
- Alap, Jod, Jhala, and Improvisation; Vilambit Gat with Vistar, Tishram, Chatushrum, Chegum, and Atgun Tans; and Dhrut Gat with Vistar, Tans, Toda, and Jhala in
  - Patdip
  - Khamaj
  - Kedar
  - Bhairav
  - Todi

**Sitar-5:**

- Repeat Sitar Exercises with the Notes of Marva, Bhairavi, and Asavari
- Compositions in (Courtesy of Master Mashay Paritosh Kar)
  - Malkauns
  - Chandrakauns
  - Madhukauns
  - Kalavati
  - Lalit
  - Bhatiyar
  - Nat Bhairav
  - Basant Mukhari

**Sitar-6:**

- Compositions in
  - Bhupal Todi
  - Bilaskhani Todi
  - Bairagi Todi
  - Komal Rishabh Asavari
  - Charukeshi
- Bhajans in
  - Yaman Kalyan
  - Yaman
  - Kedar
  - Charukeshi
  - Puriya Dhanashri

**Sitar-7:**

- Compositions in
  - Gorakh
  - Abhogi
  - Bairagi
  - Bageshri
  - Ahir Bhairav
- Bhajans in
  - Abhogi
  - Bageshri
  - Ahir Bhairav
  - Shri
  - Bhairavi